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IN THIS ISSUE...

• CHAPTER MEETING…………………………… page 2
• MEMBERSHIP CATEGORY REVIEW………… page 5
• JOB SEARCH ……………………….……….… page 7,8
• HOLIDAY DINNER DANCE………………… page 10,11
• EDUCATION DAY REVIEW ……………….. page 13
• WHY ‘CHEMICAL’ HAS BECOME A DIRTY WORD... page 20,21
• UPCOMING EVENTS……………………………. page 24
• CALL FOR ADVERTISERS……………………... page 26

“Herbs for Beauty Inside and Out”
Thursday November 4th, 2010
Ellen Kamhi, PhD RN

PRE-REGISTRATION IS REQUIRED FOR THE NOVEMBER MEETING.

If you prefer, you can reserve a spot by email or on-line. Send us a note that you will be there. We will confirm receipt of your reservation. You can then either bring the payment with you or put it in the mail. Please make your reservation prior to November 2nd, 2010.

Please note:
Should you register and not attend you will be invoiced the meeting fee.
Students must have their payment in by Monday prior to the meeting.

To make your reservation today contact Gary at: gary@geandb.com
or by fax at (519) 896-7350 or on-line at
www.ontarioscc.org/registration/chaptermtg.html
“Herbs for Beauty Inside and Out”
Thursday November 4th, 2010
Ellen Kamhi, PhD RN

| Location: | The Venetian Banquet & Hospitality Centre  
219 Romina Drive, City of Vaughan, ON, L4K 4V3 (tel: 905-264-9960) |
| Time: | 5:30 p.m. Cocktails  
6:30 p.m. Dinner  
7:30 p.m. Presentation  
8:30 p.m. Adjournment |
| Fees: | $45 pre-paid SCC member  
$55 pre-paid non-member  
$10 pre-paid student  
$60 at the door |

Bio:
Ellen Kamhi, PhD RN, The Natural Nurse® has been involved in Natural Medicine since 1973. Dr. Kamhi attended Rutgers and Cornell Universities, sat on the Panel of Traditional Medicine at Columbia Presbyterian Medical School, and is a Clinical Instructor at Stony Brook Medical School, and at NY Chiropractic College, where she teaches Botanical Pharmacology. She was nominated for the March of Dimes, Woman of Distinction, 2004 and received the J.G. Gallimore award for research in science. A respected authority in the field of natural healing, Dr. Kamhi is a professional member of the American Herbalist Guild (AHG), is nationally board certified as a holistic nurse (AHN-BC), has authored several books, and is often quoted in Marie Clare, Latina, Self, Woman's World, Prevention, Cosmopolitan and Glamour. Dr. Kamhi is on the Peer Review Editorial Board of Alternative Therapies in Health and Medicine, Natural Medicine Journal and Natural Standard Database. She is the Professional Herbalist/Nutritionist for Bio-Botanica, Inc. Hauppauge, NY

Abstract:
Herbs for Beauty Inside and Out

Herbs have been used throughout human history to support health and wellness, as well as to enhance beauty. Herbs such as Rosemary have been documented to revive tired and dull skin, and Cleopatra used aloe vera to enhance her famous complexion. Herbs can be used as a tea, liquid extract, capsules, skin salve or poultice with documented positive effects. Both the traditional belief in maintaining the “Holistic Balance” of active ingredients and the newer concept of Standardization to a specific active marker compound have merit. In this presentation we will investigate both the historic and modern uses of many of today’s most popular herbs, such as Echinacea, Goldenseal, Oregano and Ginseng, along with some of the ‘hot fruits’ blazing through the personal care aisles including Goji, Acai and Mangosteen preparations.
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GENERAL MEMBERSHIP
General Membership is available to persons engaged in scientific or technical work in the cosmetics and toiletries industry or in related governmental or academic areas, who have earned a Bachelor’s Degree in the chemical, physical, medical, pharmaceutical, biological or related sciences and technology. In addition, those working in a technical capacity within the industry for at least five years, who have completed two years in a recognized related academic program are eligible, as those who may lack sufficient academic background, but who have worked in a technical capacity in the cosmetic science industry for at least ten years.

NATIONAL AFFILIATION
Available to persons interested in the objectives of the Society, but not qualified for General Membership. National Affiliates are entitled to all membership privileges, except that they may not vote or hold elected office within the Society or its Chapters.

JUNIOR MEMBERSHIP
Available to persons under 26 years of age who hold appropriate degrees in science, who are matriculated science students in at least their third year of undergraduate studies, and who work in a scientific or technical capacity in the cosmetic industry. Junior Members are entitled to all membership privileges, except that they may not vote or hold elected office within the Society or its Chapters. Half dues.

STUDENT MEMBERSHIP
Available to fully matriculated students in a scientific program at recognized colleges and universities. Student members are entitled to all membership privileges, except that they may not vote or hold elected office within the Society or its Chapters. Reduced dues.

EMERITUS MEMBERSHIP
Any member who has reached the age of 65 years and who has been a dues paying member in good standing for 25 consecutive years may request to be nominated for transfer to Emeritus Membership status. Upon approval by the Board of Directors, such members shall be entitled to all privileges of a General Member for life, with exemption from payment of dues, except that they are not eligible for election as an Officer or Director within the Society.

RETIRED MEMBERSHIP
Any member who has retired from the cosmetic industry and is over 55 years of age, and has been a dues paying member in good standing for 15 years, may apply for Retired Membership status. Upon acceptance, Retired members are entitled to all privileges of a General Member, except that they may not hold elected office within the Society or its Chapters. Half dues.

FELLOW MEMBERSHIP
General members who have achieved full maturity in the profession, as evidenced by a record of outstanding achievement and leadership may be elected a Fellow of the Society by the Board of Directors upon recommendation by the Fellow Certification Committee.

HONORARY MEMBERSHIP
Granted by the Board of Directors to individuals for distinguished service to the Industry.

SCC Categories of Membership

During the recent election for SCC Ontario board members it has come to the attention of some chapter members that they were unaware of the category of membership to which they belong. This is understandable as many of us have been members for years. Please take a minute to review the different categories below or if you are unsure of your status you can refer to your membership card that you receive at the beginning of each year. If your status has changed and you would like to have it updated we recommend that you contact Helen McCarren, Membership Services, at HMcCarren@SCConline.org
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An opportunity has arisen for an individual to join the Sales Team at Croda Canada. The Technical Sales Representative – Personal Care will be responsible for managing current accounts and develop new business at non-buying accounts in personal care, perform administrative duties including pricing, call reports and monthly reports, operate efficiently and manage all aspects of the assigned territory such as visiting customers in order to explain, promote and recommend Croda products within designated markets and regions, liaise with all necessary Croda functions as required to ensure all requirements are fulfilled from order receipt to cash collection, update sales forecasts as required and provide an annual sales plan for the territory, ensure all customer issues are reported within the relevant system and response fed back to customer and assist in the promotion of new and existing products by attending trade shows. All other duties assigned by management.

The ideal candidate must possess a Bachelor’s Degree in Chemistry or related technical field. 3 – 5 years sales experience or equivalent. Must be highly motivated and have excellent interpersonal skills, strong commercial/sales acumen, and relevant industry, market & product knowledge. Knowledge of SAP, C2G, and MS Office suite required.

Apply with CV & Covering letter to:

Bethany Swoboda  
Human Resources Recruiter  
300-A Columbus Circle  
Edison, NJ 08837  
Email: jobs@crodausa.com

**Canadian Custom Packaging - R & D Chemist**
This position is responsible for executing the Research and Development projects and activities for a broad range of existing products as well as ongoing product design and development for new customer requirements and future product offerings.

**Key Responsibilities:**
- Develop new and modify existing products to customer specifications
- Package samples for customer review and assessment as required
- Participate in regular Design and Development reviews. Evaluate the results of the design and development activities and determine if they fulfill requirements.
- Identify problems and propose necessary corrective actions.
- Supervise trial batches

**General Requirements:**
- Perform all duties in compliance with SOP’s, Work Instructions, GMP’s and all other regulatory policies and guidelines.
- Ensure all decisions are based on quality assurance incorporating GMP and quality controls.
- Prepare and maintain records, as required by SOP’s, related to operations.
- Support product testing, where required
- Support planning and execution of validation programs, as required continued ………
**Knowledge, skills and work experience requirements:**
Practical experience in area(s) of responsibility
Possess knowledge of the practices and principles of GMP/GLP compliance
Knowledge of current regulatory requirements with respect to development and implementation of new products and be familiar with Pharmacopeias

**Key Competencies:**
Proactive, organized:
Prioritizes and organizes daily work to meet overall deadlines
Manages own time to meet short term objectives
Analytically minded. Problem solver

**Educational requirements:**
BSc in Chemistry or a related field

**Application Process:**
All interested applicants should apply on line at: ccp@cdncustompackaging.com
Interview will be arranged for qualified applicants

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**Canadian Custom Packaging - Quality Assurance Manager**

This position is responsible for overall day-to-day management of the QA activities required to ensure that CCP’s products and services are fit for purpose and meet all external and internal requirements. Scope includes Quality Control, the part of Good Manufacturing Practices (GMP) that covers sampling, specifications, testing, documentation and release processes associated with materials and finished product.

**Main Functions:**
- Coordinate all activities required to meet quality management system standards
- Ensure tests and procedures are properly understood, carried out and evaluated and that product modifications/changes are investigated and documented (deviations, out-of specification)
- Supervise chemists and microbiologists in carrying out these tests and checks
- Monitor and advise on the performance of the QMS, produce data and report on performance
- Participate in regular management reviews; review and discuss operational performance measurements and propose measures to achieve continual improvement.
- Liaise with other managers and staff throughout the organization to ensure that the QA system is functioning properly
- Where appropriate, advise on changes and their implementation
- Determine SOP requirements and provide QA review of SOP’s
- Identify relevant quality-related training needs and deliver training
- Assist with organization and coordination of audits and manage GMP self-inspection activities
- Handle all customer complaints and ensure the execution of corrective action and compliance with customer requirements
- Provide guidance for the company with respect to regulatory bodies, and compliance with standards and legislation

**Knowledge, skills and work experience requirements:**
Practical experience in area(s) of responsibility including proficiency in microbiology
Good theoretical and practical knowledge of quality systems such as ISO 9001:2000, principles of GMP, philosophies such as TQM and methodologies such as Continuous Improvement.
Well developed analytical and problem solving skills
Strong organizing and planning skills, able to work independently with efficiency and accuracy
Excellent verbal and written communication skills
Familiar with MS Office Suite (Word, Excel, Project etc.)

**Educational requirements:**
Must meet Health Canada’s basic education and pharmaceutical experience criteria
Bachelor of Science Degree, related to the work

**Application Process:**
All interested applicants should apply on line at: ccp@cdncustompackaging.com
Interview will be arranged for qualified applicants
HOLIDAY DINNER DANCE

On November 26th, 2010 the SCC Ontario Chapter will be holding its fourteenth Annual Holiday Dinner Dance at The Venetian Banquet & Hospitality Centre, 219 Romina Drive, City of Vaughan, ON, L4K 4V3 (tel: 905-264-9960)

Start the evening at 6:00 p.m. by enjoying the specialties from the Antipasto Table. Dinner will follow at 7:00 p.m. SHARP. The dance floor will be open until 1:00 a.m. and you can enjoy a sweets table at 11:00 p.m.

The price is $100 per person and Corporate Tables of 8 at $800.00 or 10 at $1000 are also available.

Check your mail for invitations, RSVP’s and more details. Please RSVP to Janice Cukier at 416-889-4782 or by fax to 905-458-0722 by November 16th.

Our Holiday Dinner Dance is always a huge success, as it gives us all the opportunity to gather together for an informal evening. Mark your calendars now and RSVP soon. If you do not receive your invitation, please use the RSVP form found on page 11.

MENU

Antipasto Bar
Squash Soup
Fresh Linguini with Tomato and Basil Sauce
Chicken Veneziana
Teriyaki Salmon
Baby Carrots
Snow Peas
California Mix Salad
Seasonal Fruit
Sweet Table with Assorted Cakes and Pastries
Specialty Coffees Fresh Waffle
Vegetarian Option: Eggplant Parmesan
Holiday Dinner Dance
R.S.V.P.
Friday, November 26th, 2010

Please reply to Janice Cukier at 416-889-4782
Or FAX 905-458-0722 by November 16th, 2010

I/We will be attending,

Name: __________________
Number of Persons: ________
I would like to be seated with ____________________________

or

_______ table(s) of 8 at $800 per table

or

_______ table(s) of 10 at $1000 per table.

_______ number vegetarian meals required

Total amount enclosed: $___________

Please make cheque payable to: “SCC Ontario Chapter”.
Mail to: 135 Shuh Avenue, Kitchener, ON, N2A 1H4
If confirmation is not received by November 21st, 2010, please contact
Janice Cukier at 416-889-4782

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The SCC Ontario Chapter held their annual “Education Day” this year at The Venetian in Vaughan on September 23rd. It was a well attended full day of talks with four speakers from the industry.

Brian Vondruska, Product Marketing Manager Noveon® Consumer Specialties started the day with a presentation on “Simplified Emollient Selection: Esters Compared with Benchmark Emollients through Characterization of Fundamental Properties”.

After the break Anne Goldman, a principal and co-founder in 1986 of ACCE, a full service Canadian - owned market research company spoke on “Strategies For The Successful Integration Of Consumer Research To The Product Development Process”.

Finishing up the morning Denise Dicanio, Director of the Clinical Research & responsible for In-Vitro Ocular Safety Testing at Estee Lauder gave a talk on “Efficient Product Development Through Expert Analysis”.

After lunch Ricardo Diez from the Chanel R&D Center completed the day with a discussion on the ever broadening and diversified topic of ‘cleansers ‘ with a presentation called “A Technical And Marketing Review of the Very Diversified Category of Cleansing Products”.

Thanks to Wayne Fretz for providing the pictures!
IFSCC Magazine Is Going Digital - Action Required

All SCC members are members of the IFSCC. As such the IFSCC would like to inform you they have discontinued automatic distribution of paper copies of their magazine. IFSCC Magazine is now digital, with a complete archive of issues starting in 2000. Scientific and editorial content will be accessible faster, and news and announcements will be more timely by going digital.

As of Issue 1/2010 the IFSCC magazine will only be sent out electronically. All IFSCC members are entitled to free access to the online IFSCC magazine but you must register on line at www.ifsc-magazine.com

PLEASE NOTE: You must take action on which format you want! Either subscribe to the digital issue online www.ifsc-magazine.com OR inform the publisher senicky@sofw.com that you still want a paper copy, which you will then receive as usual.

Don't miss out on IFSCC news in 2011!

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With a focus on education, the SCC Ontario Chapter is always striving to bring the highest quality educational seminars to the Chapter members. At the same time we like to entertain and foster a social environment. The problem is, you can’t make everyone happy! That’s why we need your feedback. Fill out a simple questionnaire on line and tell us what interests YOU;

http://www.ontarioscc.org/
**Amnesty Program**

At the December National Board of Directors Meeting, the Board approved an Amnesty Program for 2010!!

Members who previously dropped may reinstate their membership by paying the 2010 dues only. Ordinarily two years dues are required! The Board hopes this will be an incentive to bring back members to the Society.

If you can’t recall all the benefits of being a member visit [http://www.scconline.org/website/about_scc/member_privileges.htm](http://www.scconline.org/website/about_scc/member_privileges.htm) to help refresh your memory. If you know of someone who may have let their membership lapse tell them to contact Helen McCarren, Membership Services, at HMccarren@SCConline.org

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**Dues Renewal**

Renewal notices for 2011 membership were sent out August 3rd. The second notices were sent early October and Final notices will be sent end of November and beginning of December. Dues fees are US$130.00.

Please note you can now renew ON-LINE! Go to [www.SCCOnline.org](http://www.SCCOnline.org) and follow the links.

Members who do not renew by December 31st will be made inactive.
Here are the dates for 2011 that the Northern Highlights Staff plan to post the 5 newsletters for the year:

- February 3rd
- March 24th
- June 30th
- September 8th
- October 20th

(or as close as we can get)

Should posting dates change throughout the year the most up to date list can be found at http://www.ontarioscc.org/newsletters.htm
Why 'chemical' has become a dirty word

By JOE SCHWARCZ, Freelance March 21, 2010

Can anyone tell me where I can find a non-chemical food ingredient?

I ask because a recent newspaper report about salmonella contamination in hydrolyzed vegetable protein, a common flavouring agent, began thus: "It sounds more like a chemical than a food ingredient." Well, if a food ingredient isn't a chemical, pray tell, what is it? Of course it's a chemical.

Everything in the world is made up of chemicals, which are nothing other than the building blocks of all matter. The oxygen we breathe, the water we drink, the sugar we eat are all chemicals, as are the medications we swallow, the cosmetics we apply and the pesticides we spray. But somehow "chemical" has become a dirty word, synonymous with "toxin," and "chemical-free" is now a popular, albeit ridiculous, advertising slogan. Chemicals are not good or bad, dangerous or safe. They don't make decisions. We do. And those decisions should be based on science, not emotion.

A chemical's properties are determined by its molecular composition and structure, not its ancestry. Whether the molecule was made by nature in a plant or a chemist in a lab is irrelevant. It is what research has revealed about its properties that matters.

And there is a stunning amount of such research. In September, the American Chemical Society's Chemical Abstracts Service registered the 50 millionth known compound! These 50 million include natural and synthetic substances that have been described in scientific literature or in patents. The landmark compound has a Canadian connection, as it was developed by Montreal's Chlorion Pharma as a potential treatment for neuropathic pain. Chemical Abstracts lists it as (5Z)-5-[(5-Fluoro-2-hydroxyphenyl)methylene]-2-(4-methyl-1-piperazinyl)-4(5H)-thiazolone!

Who would want to inflict a chemical with such an unpronounceable name on their body? Well, the number of letters in a name has no more to do with a substance's properties than does its "natural" or "synthetic" origin.

Obviously, when dealing with more than 50 million known compounds, each requiring a unique name, complex terminology has to enter the picture. Chemists are thankful for the systematic nomenclature that has been worked out, but to the public, complex chemical names are frightening and tend to conjure up images of doom.

Some marketers try to capitalize on this fear by advertising "chemical-free" products. So we have "chemical-free" cosmetics, cleaning agents and, believe it or not, books about "chemical-free kids."

The message is that chemical-free means safer, healthier, greener. Given that it is a nonsensical term, what are these products all about? Mostly, "chemical-free" refers to being free of synthetic chemicals. This insinuates that synthetic chemicals are more problematic than natural ones, an inference that is not valid.
Mainstream food producers are also trying to capitalize on the anti-chemical fervour. McCain Foods, for example, has announced a campaign to use only "real ingredients" in its pizzas. What does that mean? Were they using imaginary ingredients before? Or perhaps fake ones? Plaster of Paris instead of flour? Play-Doh instead of cheese?

Here's what McCain's says: "It's all about the ingredients. And good food, frozen or not, starts with real ingredients. We know that when you look at an ingredient list, you want to see familiar ingredients, not ingredients you can't pronounce."

It makes me want to scream some words that can be pronounced easily.

According to the ads, McCain's aims to remove "unfamiliar ingredients." Specifically mentioned are sodium steroyl lactylate and sodium ascorbate. Why remove these? There is absolutely no scientific reason; it is all a question of marketing. Both are approved food additives and have undergone rigorous testing.

Sodium steroyl lactylate is an emulsifier used in baked goods, like pizza dough. It disperses the fats in the dough, allowing less fat to be used while softening the dough's texture. Since it is made from lactic acid, found in milk, and stearic acid, found in beef tallow, you could even call it "natural."

Sodium ascorbate is just the sodium salt of vitamin C, and is used as an antioxidant to prevent fat from going rancid.

These additives actually make for a better dough. Removing them just caters to the wave of chemophobia.

McCain's also makes a big deal out of using only vine-ripened tomatoes. A noble endeavour. Vine-ripened tomatoes certainly do taste better. And the riper the tomato, the more natural ascorbate it contains. So while the company sings the praises of taking out ascorbate on one hand, it actually increases the amount of the same chemical with the other. Of course, it's all silliness, because there is no problem with sodium ascorbate or steroyl lactylate in the first place.

And curiously, while McCain's is heralding the elimination of ascorbate from its pizza dough, it happily promotes the presence of Vitamin C, a less daunting term for ascorbate, in its potatoes!

We live in a chemical world with a novel substance being isolated or synthesized roughly every 2.6 seconds. Rather than representing a cause for worry, this just shows the amazing progress of science. Most of these new chemicals will never become anything other than listings in Chemical Abstracts, but some will become key ingredients in new drugs, fabrics, plastics, electronics and a myriad of other items that certainly won't be "chemical-free."

But if you insist on buying a truly chemical-free product, remember that you won't be getting a good deal. You'll be buying something that contains nothing.

Joe Schwarcz PhD
Director, McGill University Office for Science and Society
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- **Additives**: Citric Acid, Sodium Benzoate, Xylitol, Sodium Saccharin, Ascorbic Acid, Sodium Citrate, MSG, Sorbitol 70%, Potassium Sorbate,
- **Gum Rosins**: Esters of Gum Rosin, Hydrogenated Gum Rosin
- **Others**: Propylene Glycol, Hydrogen Peroxide- 35% & 50%, Caustic Soda- beads, IPA99%, Sulfamic Acid, Zinc Sulphate, Polysorbates- 20, 80
- **PEG** – 200, 400, 600, 800, 2000, 4000, 6000, 8000
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<table>
<thead>
<tr>
<th>Event Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>November 4th, 2010</td>
<td>SCC Ontario Chapter Meeting- “Herbs for Beauty Inside and Out” - Ellen Kamhi, PhD RN</td>
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<tr>
<td>The Venetian, Vaughan ON</td>
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<td>November 26th, 2010</td>
<td>SCC Ontario Holiday Dinner Dance</td>
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<tr>
<td>The Venetian, Vaughan ON</td>
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<tr>
<td>December 9th &amp;10th, 2010</td>
<td>SCC Annual Scientific Meeting &amp; Technical Showcase</td>
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<tr>
<td>The Hilton, New York City</td>
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<tr>
<td>February 17th, 2011</td>
<td>SCC Ontario Chapter Meeting-TBA</td>
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<tr>
<td>The Venetian, Vaughan ON</td>
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<td>April 7th, 2011</td>
<td>SCC Ontario Chapter Meeting-TBA</td>
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<tr>
<td>The Venetian, Vaughan ON</td>
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<tr>
<td>June 2nd &amp; 3rd, 2011</td>
<td>SCC Annual Scientific Seminar</td>
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<tr>
<td>Bellagio Resort, Las Vegas</td>
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<td>July 19th, 2011</td>
<td>SCC Ontario 11th Annual Golf Tournament</td>
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<tr>
<td>Caledon Woods Golf Club</td>
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<tr>
<td>December 8th &amp; 9th, 2011</td>
<td>SCC Annual Scientific Meeting &amp; Technical Showcase</td>
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<tr>
<td>The Hilton, New York City</td>
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<tr>
<td>May 31st &amp; June 1st, 2012</td>
<td>SCC Annual Scientific Seminar</td>
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<td>Charleston Marriott, South Carolina</td>
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Dedicated to the advancement of cosmetic science, the Society strives to increase and disseminate scientific information through meetings and publications. By promoting research in cosmetic science and industry, and by setting high ethical, professional and educational standards, we reach our goal of improving the qualifications of cosmetic scientists.
MEMBERSHIP

For those who would like to become members, yearly fees are $130 US. Applications are available from your Executive Committee or on-line at www.SCCOnline.org.

Please return the completed form at your convenience and reap the benefits of the SCC. For renewal memberships, please send payments directly to the SCC National Office. For your convenience, National will accept payment by VISA, Mastercard or AMEX. Please contact National for details.
The SCC Ontario Chapter would like to take this opportunity to thank all our sponsors for the 2010 Newsletters. Now is the time to request advertising for the year 2011. We will be maintaining our rates for 2011. The rates as listed will include a minimum of 5 issues of our newsletter.

All fees will be due by December 31, 2010 and must be received in order to be included in our January 2011 issue.

Since the newsletter is offered in an electronic Adobe format, we prefer colour versions of your ads as they will translate much better and stand out to the reading public.

If you are a new company looking to advertise with us, please submit the registration form found below and the advertisement with your payment. If throughout the year you would like to replace your ad with a more recent version this can be done at any time. The ad will be changed in the next issue of the newsletter. Newsletter posting dates can be viewed at: http://www.ontarioscc.org/newsletters.htm

Please make all payments to the “SCC Ontario Chapter” and send to Catherine Blackhall by the due date.

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<th>AD SIZE (INCHES)</th>
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**CONTACT**

Submit all advertising inquiries to:

Catherine Blackhall  
Croda Canada Ltd  
221A Racco Parkway  
Vaughan, ON L4J 8X9  
Ph: 905-886-1383 Fax: 905-886-4753  
e-mail: Catherine.Blackhall@croda.com

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SCC ONTARIO MEETING NOVEMBER 4th, 2010 REGISTRATION FORM

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Kitchener, ON, N2A 1H4

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Address Changes??

Throughout the year many of our members change jobs or relocate and forget to notify the National Office. Without notification, these members may not receive important mailings and eventually are made inactive. We have created a form that is now available on the SCC website which allows members to make changes to their information and it is sent to the National office. Please visit the following website to make your changes;

http://www.scconline.org